

# Girl Scouts of West Central Florida

## WAYS ADULTS CAN HELP

Each troop needs the help of adults to provide a quality Girl Scout experience.  
Get involved and make a difference in the lives of girls!

Adult's Name \_\_\_\_\_ Girl's Name \_\_\_\_\_

Email \_\_\_\_\_ Cell Phone (\_\_\_\_) \_\_\_\_\_

Preferred Method of communication (check all that apply):  Phone  Text  Email

**I would like to (please check all areas of interest):**

### HELP THE TROOP:

- |  |   |  |
|--|---|--|
| <input type="checkbox"/> Help at one or more meetings  | <input type="checkbox"/> Help with cookie program                             | <input type="checkbox"/> Help manage troop budget/Troop Treasurer                                      |
| <input type="checkbox"/> Coordinate a meeting place (church, community center, business, etc.) | <input type="checkbox"/> Help with fall product program                       | <input type="checkbox"/> Transportation/carpool on trips/outings (complete Safe Driver Pledge on back) |
| <input type="checkbox"/> Provide or coordinate snacks for meetings                             | <input type="checkbox"/> Help with outdoor activities                         | <input type="checkbox"/> Be a First-Aider (willing to get and maintain certification)                  |
| <input type="checkbox"/> Provide or coordinate supplies  | <input type="checkbox"/> Be a camping adult (and be willing to take training) |  |
|  | <input type="checkbox"/> Fieldtrip coordinator                                |  |
- Other \_\_\_\_\_

### TEACH THE GIRLS:

- |                                   |   |                                     |                                      |                                    |
|-----------------------------------|---|-------------------------------------|--------------------------------------|------------------------------------|
| <input type="checkbox"/> Songs    | <input type="checkbox"/> Crafts         | <input type="checkbox"/> Sewing     | <input type="checkbox"/> Sports      | <input type="checkbox"/> First Aid |
| <input type="checkbox"/> Music    | <input type="checkbox"/> Camping Skills | <input type="checkbox"/> Nature     | <input type="checkbox"/> Cooking     | <input type="checkbox"/> Drama     |
| <input type="checkbox"/> Math     | <input type="checkbox"/> Science        | <input type="checkbox"/> Games      | <input type="checkbox"/> Gardening   | <input type="checkbox"/> Dance     |
| <input type="checkbox"/> Fitness  | <input type="checkbox"/> Computer       | <input type="checkbox"/> Animals    | <input type="checkbox"/> Photography | <input type="checkbox"/> Nutrition |
| <input type="checkbox"/> My Hobby | <input type="checkbox"/> My Career      | <input type="checkbox"/> My Culture |                                      |                                    |
- Other/notes: \_\_\_\_\_

**SPONSOR:** I belong to an organization/agency that might be interested in sponsoring a troop or event.

*Potential Sponsor*

Name: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_



# Safe Driver Pledge



As a volunteer driver for a Girl Scout activity, I understand it is my responsibility to transport girls safely to the scheduled activity and back to their parents or guardians. To ensure the safety of the girls, I pledge to:

- Make sure that the vehicle is in safe operating condition before the trip.
- Confirm that everyone is wearing a seat belt any time the vehicle is moving.
- Drive within posted speed limits.
- Use turn signals for all turns and traffic lane changes.
- Yield to all oncoming traffic and be extra careful when making left turns.
- Keep at least a three-second interval between my vehicle and the vehicle in front of me when highway driving.
- Drive with extra caution during hours of darkness and any other time visibility is reduced or road conditions worsen.
- Plan extended trips to avoid riding in the dark.
- Never drive when sleepy.
- Take a rest break every two hours.
- Alternate drivers when I need a break.
- Drive no more than six hours a day.
- Never use a cell phone while driving. I will pull over and stop and put the vehicle in park before dialing.
- Refrain from smoking in the vehicle in the presence of girls.

I certify that I have a valid driver's license and proof of current vehicle insurance.

\_\_\_\_\_  
Driver's Name

\_\_\_\_\_  
Date

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